



November



Monday

4 VANILLA YOGURT CUP WITH FRESH BERRIES AND GRANOLA

HAM & CHEESE MELT, FRENCH FRIES, BAKED BEANS, DICED PEACHES



11 WHOLE WHEAT FRENCH TOAST, FRESH STRAWBERRIES

FETTUCCHINE ALFREDO WITH CHICKEN AND BROCCOLI, GREEN APPLES



Tuesday

5 WHOLE WHEAT FRENCH TOAST, GREEN GRAPES

CHEESEBURGERS, SCALLOPED POTATOES, SWEET PEAS, PEARS

12 SCRAMBLED EGGS, WHEAT TOAST, GRAPES, FRUIT JUICE

CRISPY CHICKEN SANDWICH, CUCUMBER SALAD, FRUIT COCKTAIL

19 SCRAMBLED EGGS, WHEAT TOAST, GRAPES, FRUIT JUICE

MEATBALL SUB ON WHOLE WHEAT, GREEN BEANS, PEARS



Wednesday

6 PANCAKES AND SAUSAGE, RED APPLES

CHICKEN NUGGETS, MAC & CHEESE, SWEET CORN, BANANAS

13 VANILLA YOGURT CUP WITH FRESH BERRIES AND GRANOLA

BBQ PULLED PORK SANDWICH, COLESLAW, BAKED BEANS, PEARS

20 PANCAKES AND SAUSAGE, ORANGE SLICES

CHICKEN STRIPS WITH DIPPING SAUCE, FRENCH FRIES, FRUIT COCKTAIL



Thursday

7 NUTRIGRAIN FRUIT BAR, STRING CHEESE STICK, RAISINS

ITALIAN DELI MEAT ON WHEAT ROLL, LETTUCE, TOMATO, CHIPS, PINEAPPLE

14 WHOLE GRAIN MIM Waffles, FRESH BLUEBERRIES

ORANGE CHICKEN, BROWN RICE, BROCCOLI, DICED PINEAPPLES

21 MIM BAGELS WITH STRAWBERRY CREAM CHEESE, STRING CHEESE, APPLES

HOT DOGS, WHEAT BUN, BAKED BEANS, APPLE SAUCE



Friday

1 WHOLE GRAIN MIM Waffles, FRESH BLUEBERRIES

STEAK & CHEESE ON WHEAT SUB ROLL, SWEET CORN, APPLE SAUCE

8 WHOLE GRAIN CEREAL, BANANAS

PASTA & MEAT SAUCE, GARLIC BREAD, GREEN BEANS, FRUIT COCKTAIL

15 NUTRIGRAIN FRUIT BAR, STRING CHEESE STICK, RAISINS

TURKEY & CHEESE WRAP, CARROTS & RANCH, PRETZELS, DICED PEACHES

22 WHOLE GRAIN CEREAL, BANANAS

TURKEY, MASHED POTATOES, DRESSING, CORN, DINNER ROLLS, GREEN APPLES



OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE: Menu Subject to Change Based on Product Availability 7 Whole Grain Mini Waffles, Fresh Strawberries Meatballs & Gravy, Brown Rice Sweet Peas, Applesauce 14 	1 Whole Grain Donut Sticks, Green Grapes Ham & Cheese Melt, French Fries, Baked Beans, Diced Pineapples 8 Vanilla Yogurt Cup with Fresh Berries and Granola Orange Chicken, Brown Rice, Broccoli, Fruit Cocktail 15 Whole Grain French Toast Fresh Blueberries Crispy Chicken Wrap with Ranch or Honey Mustard, Cucumbers, Peaches 22 Whole Grain Mini Waffles, Granny Smith Apples Popcorn Chicken, Mashed Potatoes, Corn, Gravy, Sliced Pears 29 Frosted Pop Tarts, Orange Slices Chicken Petty Sandwich, French Fries, Cucumber Salad, Peaches	2 Scrambled Eggs, Whole Wheat Toast, 100% Fruit Juice Pasta & Meat Sauce, Garlic Bread, Cucumber Salad, Diced Peaches Scrambled Eggs, Whole Wheat Toast, 100% Fruit Juice Italian Deli Meat on Wheat Sub Roll, Lettuce, Tomato, Chips, Pineapples 16 Pancakes and Sausage Green Grapes Cheeseburger, French Fries, Carrots & Ranch, Diced Pineapples 23 Scrambled Eggs, Whole Wheat Toast, 100% Fruit Juice Italian Meatball Sub on Whole Wheat, Green Beans, Sliced Pears 30 Scrambled Eggs, Whole Wheat Toast, 100% Fruit Juice Pasta & Meat Sauce, Garlic Bread, Green Beans, Diced Peaches	3 Pancakes and Sausage, Fruit Cocktail Steak & Cheese on Whole Wheat Roll, Sweet Corn, Applesauce 10 Whole Grain Cereal, Bananas EARLY RELEASE NO LUNCH 17 Mini Cinnamon Bagels, Orange Slices Chicken Nuggets, Mac & Cheese, Sweet Corn, Diced Pineapples 24 Scrambled Eggs, Whole Wheat Toast, 100% Fruit Juice Chicken Nuggets, Mac & Cheese, Cucumbers, Fruit Cocktail 31 Pancakes and Sausage Granny Smith Apples Orange Chicken, Brown Rice, Broccoli, Fruit Cocktail	4 Whole Grain Cereal, Bananas French Bread Pizza, Yogurt, Sweet Corn, Fruit Juice 11  18 Whole Grain Cereal, Bananas Cheese & Pepperoni Pizza Sticks, Side Salad, Apple Slices 25 Whole Grain Donut Sticks, Fresh Strawberries BBQ Pulled Pork Sandwich, Coleslaw, Baked Beans, Applesauce



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